

1. Push back and remove the cuticle with a Pro Pusher, cut if necessary with cuticle nippers.
2. Mattify the natural nail with Special File green pastel, 240 Grit.
3. Dehydrate the nailplate with NailPrep.
4. Apply a thin layer of 1-Phase Builder Gel and harden it for a short moment in the UV lamp. Do NOT wipe off the inhibition layer.
5. Now apply a ball of 1-Phase-BUILDER Gel. From this initial ball of gel spread out to the back part of the nail, to the front and to the sides, so that you achieve the desired shape with a nice C-Curve and arch. Harden in the UV lamp for 120 seconds.
6. Wipe off the sticky layer with Gel Cleaner
7. File into the desired perfect shape with Special File blue (180 Grit)
Brush off the dust from filing with a manicure brush
8. To seal the nail you can use 1-Phes gel also. To get a higher glaze we recommend our GlazeUp!
Apply a thin layer of GlazeUp! to seal the nail. Harden for 120-180 seconds in the UV lamp.
Wipe off the sticky layer with Gel Cleaner.
9. Apply some Cuticle Oil around the cuticle, and massage it into the cuticle and on the nail.

! Do not use additional Primer or Bonder. Lumin'Or acid free Gels have an integrated, multifunctional bonding system which work on hydrogenic bridges. This bonding mechanism could be inhibited.